

Hello Everyone,

Hello! My name is Chris Ryan and I am your son's Head Coach for the Jordan-Elbridge Youth Football B team this season. My assistants are Dave Dunham, Dave Dinello, and Devin Callahan.

We plan to communicate with parents via email as much as possible this year as email is the quickest and easiest way to get consistent messages out to the entire team.

J-E Youth Football and Cheerleading League (JEYFCL) teams will begin practice on August 1st.

There is a lot of information you need to know before then, so please read this carefully and mark your calendars accordingly.

- 1 **Friday, July 31 – mandatory equipment distribution** and final collection of required registration materials for X team @ J-E Community Center
- 2 **Saturday, August 1 – first practice, 9-11:30am** @ Ramsdell Elementary
- 3 **Saturday, August 15 – scrimmage**, location and time TBA
- 4 **Saturday, August 22 – first game** @ J-E High School

Equipment Distribution

Friday July 31– mandatory event – equipment hand out for B team only, J-E Community Center (Rt. 31 Jordan) from 6:00-7:00 pm. If your son does not attend he will have to wait until August 1st to get his equipment and we can't guarantee his size will still be available.

Any registration paperwork not yet completed must be submitted on this date. It is very important that this paperwork is received by August 1st or your son will not be allowed to practice!

First Practice – August 1, 2009, 9:00-11:30 am

All practices will be held at Ramsdell Elementary. Please have your son there and ready to practice at the scheduled time. For the first 10 hours of practice players wear only the following equipment: **helmet, mouth piece, cup, cleats, shorts, and shirt**. Also, boys must have a **water bottle** to stay hydrated during practice.

Scrimmage – Saturday, August 15, 2009, time and location TBA

The team will get its first opportunity to play simulated and controlled game situations against 3 other Finger Lakes Youth Football and Cheerleading League (FLYFCL) teams.

First Game – Saturday, August 22, 2009, 7:30 pm at J-E High School

Schedules will be available later in August.

Important Notes Regarding Practices

Please don't suit up your son in full pads for the first practice – they cannot practice in full pads until their first 10 hours of conditioning are complete! Coaches will tell players when they can begin wearing full pads. Please note that missing practices will affect when your son can begin to wear full pads for practice. Those who attend every practice will complete their 10 hours of conditioning and move into full pads sooner than those who miss practice.

Attendance at practices is really important. If your son must miss practice for any reason please contact me at 480-2862 as soon as possible before practice. As the season progresses, missing practice with no notice from parents *will* affect your son's playing time. As coaches we are planning our strategy, drills, and line-ups for practices and games, so it's very important that we know as early as possible if someone won't be there. Missing practices can also be a safety issue for the team, as players who have not had enough practice to know their role can put themselves and their teammates in harm's way. We want each player to have a successful year and the only way to achieve this is by having everyone present at all the practices giving 100% at all times.

Fund Raising

This year the JEYFCL fundraiser is a raffle for **4 Buffalo Bills game tickets and a \$50.00 gas card!** Raffle tickets are \$5.00 each and each player is responsible for selling a minimum of 6 tickets (families with more than one child in the program are responsible for selling a minimum of 10 tickets). More information regarding the fundraiser will be forthcoming from Beth Brunelle, the Fundraising Director.

Parent Participation

In an operation the size of a youth football and cheerleading league, parent participation is essential. Each family is required to sign up for a minimum of two 2-hour volunteer shifts per child participant in the program. More information regarding volunteer sign-ups will be available during the first week of practice.

J-E Youth Football and Cheerleading Gear

Kids and parents love to wear their team colors! JEYFCL apparel will be available to purchase again this year. More information regarding styles and ordering will be available the first week of practice.

[jeyouthfootball.org](http://www.jeyouthfootball.org)

Please check our website at <http://www.jeyouthfootball.org> for information regarding scheduling, maps to away games, and communications from coaches. If your questions can't be answered on the website, please feel free to contact me or any board member directly.

I am looking forward to a great season and I will see you all soon.

Please respond to this email so I can be sure that all email addresses are accurate. Do not hesitate to contact me with any questions.

Thanks,
Chris Ryan
B team Head Coach
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cryan@auburnhospital.org